

# Rachel Thomas

*Dance and Intimacy choreographer*

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## CHOREOGRAPHY

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<i>My Heart Says Go</i>	March 2023	Dir. Matt Hawkins
<i>Romeo and Juliet</i>	August 2022	Dir. Chirs Anthony
<i>Jesus Christ Superstar</i>	April 2020/2021	Dir Matt Hawkins
<i>Hunchback of Notre Dame</i>	October 2019	Dir. Josh Napierkowski
<i>Stupid Humans (Now My Heart Says Go)</i>	February 2019	Dir. Matt Hawkins
<i>West Side Story</i>	August 2016	Dir Alex Price

## INTIMACY CHOREOGRAPHY

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<i>Rocky Horror Picture</i>	October 2032	Dir. Paul Mow
<i>Tuko Tuko</i>	February 2023	Dir. Anton Juan
<i>Dance of Death</i>	October 2022	Dir. Rob Kauzlaric
<i>Big Scary Animals</i>	April 2022	Dir. Sarah Nation
<i>Eleven Months of Nuclear Summer</i>	Feb-April 2022	Dir. Patrick Starner

## RELEVANT TEACHING EXPERIENCE

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Southold Dance Theater	<i>June 2019 - August 2021</i>
Legacy Dance Studio	<i>September 2020- December 2020</i>
Freelance/ Wedding Choreographer	<i>March 2020 - Present</i>

## DANCE TRAINING

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**Ballet (9 years), Jazz (4 years), Modern (4 years), Pas de Deux (4 years), Ballroom (competitive), Hip Hop (6 years), Tap (3 years), Pole**

**Trained under:** Erica Fischbach (*The American Ballet Theater*), JoAnn and Tom Barkes, Anna Reznik, Alexei Kremnev, Michele Kriner, Shakurah Grumbacher, Calin Radulescu, Mariusz Skonieczny, Mary Jester, Laurie Lowry, Matt Hawkins

## AWARDS

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First place winner in Chicago Crystal Ball 2015 in Intermediate Bronze International Cha Cha, Rumba, Samba, and Jive

First place winner in Indiana Challenge 2015 in Newcomer Bronze International Cha Cha, Rumba, Samba, and Jive.

Award-winning choreography for the Youth American Grand Prix (YAGP)

## EDUCATION

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*Southold Dance Theater* | Pre Professional Ballet

*Saint Mary's College* | *Bachelor of Arts in Musical Theatre and Communication Studies* | *May 2020* | *3.9/4.0 GPA*

*Open Jar Institute* | *High Intensity workshops taught by Broadway professionals specializing in acting, singing, and dance* | *2017*

*IDC Professionals* | *Foundations of Intimacy: Level 1, Level 2, Intimacy in Improv*

## SPECIAL SKILLS/INTERESTS

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Experienced actor in film, commercial, and stage work (acting resume available upon request), training in intimacy direction and choreography, singer (mezzo-soprano) piano (5 years), ukulele, stunting, revolving splits, basic stage combat, pilates, weight lifting, roller skating, works great with children, valid passport and license